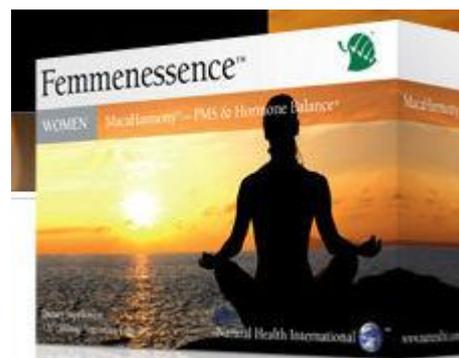


Femmenessence Macaharmony

Femmenessence MacaHarmony® is the highest potency natural product to support the balance and regulation of a woman's own hormone production. The medical journal publications of Femmenessence Macaharmony® human clinical trials demonstrate statistically significant improvements in hormone balance, while not introduce any hormones into the body, instead supporting the body's own balance of hormones... and nothing is more natural than your own hormones.



Use Femmenessence MacaHarmony® as the primary supplement for the health of women in addressing regulation of menstrual cycles, PMS, infertility and many other women's health issues.

Hormone imbalance has now become the primary issue for women of all ages. Poor diet, toxicity, lifestyle and lack of exercise, combined with xenobiotic (foreign) hormones or hormone-mimicking substances in food, cosmetics, plastics and hair care products are responsible for an array of health conditions ranging from

- ✓ **PMS symptoms such as fluid retention, acne, bloating**
- ✓ **Polycystic Ovarian Syndrome or PCOS**
- ✓ **Low energy**
- ✓ **Mood swings, postpartum, mental health**
- ✓ **Hair loss**
- ✓ **Irregular menstruation**
- ✓ **Fertility issues**

Femmenessence MacaHarmony is for women from their teens through their reproductive years. If you are in your late forties and are unsure whether you are peri menopausal or experiencing hormone imbalance [click here](#) to find out which Femmenessence is right for you.

What dose should you take?

2 Capsules Daily -(60 days supply per box)

Standard dose: 1 capsule, twice daily, away from meals

- First dose in the AM before breakfast
- Second dose in the PM, ideally 30 minutes before you normally experience an energy low

Light dose: For women who are more sensitive to higher clinical dosages consider

- 1 capsule in the AM

Strong dose: For women who have severe conditions 2 capsules, twice daily and consult your healthcare professional for additional support.

Maintenance dose: After 4-8 months of use, if the body has been rebalanced, reduce the dose used to half the original dose.

Dosing break: In order to help the body reset itself, take 1 week break after 4 months of use, then take 1 week break every 8 weeks or as directed by your healthcare professional.

Result Timing: It can take between 1 – 4 cycles to rebalance the system.

Our suggestion is that you always begin this process by consulting your healthcare practitioner.

To date the standard approach has been to use Oral Birth Control (OBC) or “the Pill” to regulate and control hormone levels. In fact current statistics are that over 60% of women under the age of 36 are on some form Birth Control with over half primarily using it for “off prescription” reasons such as regulation of cycle, PMS, etc ie not for contraception. However OBC does not necessarily correct hormone levels within the body but instead manipulates and controls hormone levels by introducing them into the body at specific times. This process of introducing hormones into the body therefore often masks conditions and symptoms, as opposed to correcting them. Many women, when coming off OBC years later, may experience symptoms returning or even worse symptoms.

Instead of introducing hormones into the body to manipulate and control hormone levels and mask symptoms, Femmenessence supports the body’s own production of hormones through the Hypothalamus Pituitary Adrenal Ovarian Axis, which controls the regulation of hormone production. By supporting these master glands Femmenessence is actually correcting the body’s hormone imbalance addressing the cause and the symptoms.

Many health issues women experience during their reproductive years can be the result of various causes in combination. Often no two women are the same, each with their own individual health status. For that reason we have provided you with some guidance to better support specific health conditions below.

What is Femmenessence MacaHarmony™?

Femmenessence MacaHarmony™ is a concentrated and bioavailable combination of one of the strongest adaptogenic herbs. Adaptogens are a unique class of herb and extremely rare in nature. Russian researchers, working exclusively to identify and determine their mode of action studied more than 4,000 medicinal plants, yet identified only 12 with true adaptogenic properties.

Supplement Facts		
Serving Size: 1 Capsule Servings Per Container: 120		
Amount Per Serving	% Daily Value	
Calories	3	<1%**
Total Carbohydrate	1g	<1%**
Potassium	8mg	<1%**
Organic Maca-GO® (Organic Maca Root)	500mg	***

**Percent Daily Values are based on a 2,000 Calorie Diet.
***Daily Value not established.

Ingredients: Certified Organic Maca-GO®, Plant derived cellulose (capsule), CONTAINS NO chemicals, solvents, excipients, preservatives, artificial colors or flavors, sucrose, yeast, dairy products, wheat or corn starch or gluten.

Adaptogens have long been recognized and valued for their ability to create harmony and homeostasis (balance) in the body but only recently with certain phenotypes or sub-species have we seen such a profound affect on hormones. Adaptogens have a rare ability to effect each individual and each system within the body differently, depending on whether that system is over- or under-functioning, to rebalance and finally for their almost complete lack of toxic or adverse effects.

The single ingredient in Femmenessence is Maca-GO® - a proprietary combination of the different phenotypes or subspecies of the adaptogenic herb Maca (*Lepidium peruvianum*). Maca-GO® is then manufactured through a patent pending process which increases the concentration and bio availability of the full spectrum of active ingredients in the herb. There are 13 different phenotypes of *Lepidium peruvianum*, with many displaying different gender and age-related health benefits. Maca-GO® is a specific combination of phenotypes designed for a woman's biology, in contrast to the men's product - Revolution which uses a different phenotype combination called Maca-OG™.

It is important to highlight that Femmenessence is currently the only herbal product that has been proven, in double blind, placebo controlled clinical trials to have statistically significant affects on hormones. We know that sounds like a sweeping statement, but it is true as our medical board and no doubt your doctor can confirm. We are so sure about it, that

if you can find a clinical trial on another herbal product, published in a medical journal showing statistically significant affects on several hormones like Femmenessence we will send you a complimentary years' supply of any one of our products.

How does Femmenessence MacaHarmony™ compare to other maca based products?

In a comparative analytical study on Maca-GO®, it has been further shown, that when compared to the highest quality Maca extracts on the market, not only does Maca-GO® have a higher level of active ingredients, but also a much wider spectrum of them, which together contributes to the demonstrated potency of Femmenessence.

As mentioned Maca-GO® is a proprietary combination of phenotypes from the herb Maca. Our organic Maca-GO® roots are planted and grown on plantations controlled by NHI at over 14,000ft in the Peruvian Andes. After harvest, the Maca-GO® roots are dried using traditional organic methods to enhance and maximize the desired health benefits of the herb.

They are then separated into specific combinations depending on the product being manufactured and put through NHI's patent-pending, organic, Kosher and GMP- certified, manufacturing process. To our knowledge NHI's entire process, which avoids extreme heat, chlorine and other chemicals, is the only 100% natural and organic method currently in operation in Peru. With these superior methods applied across the board from production to manufacture, the process results in Maca-GO®.