

Finding NZ Respiratory & Sleep Institute

From South:

Take the Greenlane exit off the motorway

Turn right at the roundabout onto Greenlane East Road

At the first set of lights, turn right into Ellerslie Racecourse Drive

Turn right at the roundabout into Ascot Avenue

Follow the road till you come to the next small roundabout, go straight and into the driveway (**Ascot Office Park** – please note we are **not** located at Ascot Hospital, but are on the same side of the road, two doors down towards the Southern Motorway).

Turn left as you come into the driveway (past Auckland Dermatology/Skin Centre) and follow the road around and down to the basement car park

Turn right at the crossroad in the centre (EXIT sign at top), then turn left. Directly opposite lifts A & B are parks labelled NZ Respiratory & Sleep Institute. Take lift up to 3rd Floor

From North:

Take the Greenlane exit off the motorway

Turn left at the roundabout onto Greenlane East Road

At the first set of lights, turn right into Ellerslie Racecourse Drive

Turn right at the roundabout into Ascot Avenue

Follow the road till you come to the next small roundabout, go straight and into the driveway (**Ascot Office Park** – please note we are **not** located at Ascot Hospital, but are on the same side of the road, two doors down towards the Southern Motorway).

Turn left as you come into the driveway (past Auckland Dermatology/Skin Centre) and follow the road around and down to the basement car park

Turn right at the crossroad in the centre (EXIT sign at top), then turn left. Directly opposite lifts A & B are parks labelled NZ Respiratory & Sleep Institute. Take lift up to 3rd floor.

If coming by train:

Get off at the Greenlane Train Station. Walk through the tunnel under the Motorway. When you come out from the tunnel and walk ahead a few more metres you will see **Quattro Café** on the left hand side. Walk through the forecourt of the Café and you will come out to the driveway of Ascot Office Park. About 5-10 metres past the Café you will come to the Entrance of Building A & B. Take the lift to the 3rd Floor.



