



ood reasons idised health your staff

Carrots are a goldmine of nutrients. They give you vitamins A, B, C, D and E. They also contain calcium pectate, which helps to lower cholesterol.

Time off due to illness requiring surgery is significantly reduced for those insured versus those uninsured (14 days vs 48 days).

Source: TNS survey, 2004

AVERAGE TIME OFF WORK

With health insurance

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No health insurance

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Three quarters of all New Zealand adults (75%) would not be able to self fund imminent elective surgery costing \$5,000 or more.

Source: TNS survey, Oct 2009

NZIER research on the effect of output on a day off work found an average \$100 was lost for every employee absent for a day. For the whole economy, the savings from workplace health insurance in terms of loss of output avoided is \$117 million a year.

Source: Employment Today, July 2008.





The cost of healthcare in New Zealand

Below are some conditions and the cost of common procedures to treat them*

\$3,100 - \$4,700 Skin cancer Removal of skin lesion \$800 - \$3,900 Heart disease Coronary artery bypass graft (rechannel blood flow to the heart) Breast cancer \$38,000 - \$57,000 (removal of tissue from one breast) Suspected heart disease \$7,000 - \$12,000 Cardiac angiogram (diagnostic test) \$3,800 - \$4,800 Endometriosis Laparoscopic excision Gallstones of endometriosis Osteoarthritis Laparoscopic cholecystectomy (removal of endometrial (removal of gall bladder) tissue located outside of \$19,000 - \$25,000 \$8,000 - \$10,000 \$6,000 - \$14,000 Prostate cancer Radical retropubic prostatecto Ear infections Eyesquints (removal of the prostate gland) unilateral and bilateral \$15,000 - \$21,000 \$3,000 - \$6,100 \$1,300 - \$2,900 throat infections \$2,900 - \$4,900 Digestive problems (examination of the upper digestive system with/without \$400 - \$1,800





Summary of Southern Cross subsidised employer schemes

The legume family, which includes peas, is the vegetarian's best friend. Protein, minerals, fibre – you get them all.

The minimum criteria for establishing a Southern Cross Health Society employer scheme is five employees fully subsidised to a health plan.*

Premiums could cost as little as \$7.00 per week per employee.*

5 to 9 employees*

- · Reduced premiums
- · Immediate cover no stand-down period for claiming

10 to 14 employees*

- · Reduced premiums
- · Immediate cover no stand-down period for claiming
- Cover for qualifying pre-existing conditions (excluding cardiac) is available for the employee and immediate family members on completion of three years membership
- All employees in the organisation must receive a fully subsidised health insurance policy

15 to 24 employees*

- · Reduced premiums
- · Immediate cover no stand-down period for claiming
- Immediate cover is available for qualifying pre-existing conditions for the employee and immediate family members
- All employees in the organisation must receive a fully subsidised health insurance policy

25 to 109 employees*

- · Reduced premiums
- · Immediate cover no stand-down period for claiming
- The option of no underwriting is available (ie short application form). This provides immediate cover for qualifying pre-existing conditions for the employee and immediate family members.
- If all employees are not receiving a fully subsidised health insurance policy, then the criteria must be approved by Southern Cross

110+ employees*

- · Reduced premiums
- Immediate cover no stand-down period for claiming
- The option of no underwriting is available (ie short application form). This provides immediate cover for qualifying pre-existing conditions for the employee and immediate family members
- If all employees are not receiving a fully subsidised health insurance policy, then the criteria must be approved by Southern Cross
- The scheme's claims experience may be reflected in the size of the discount

Continuation options

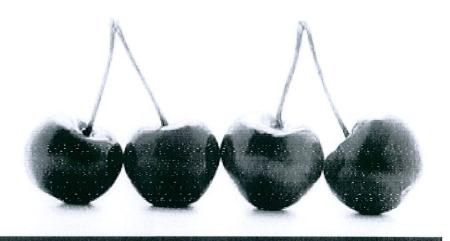
Advisers can arrange for employees to maintain cover when they leave an employer scheme.*

* Terms and conditions apply

Information current at April 2010

Healthy people healthy business





VIP plans

PLAN DETAILER

VIP plans offer four levels of cover, from the basic to comprehensive so you can choose one that fits your needs and budget. You can also opt to have an excess, which means you'll pay part of your claim cost in return for a reduced premium.

Each VIP plan provides 100% reimbursement of expenses (unless otherwise stated) for medically necessary procedures based on reasonable charges up to the policy limits stated in the Schedule of Benefits.

		VIP1	VIP2	VIP3	VIP4
-M-	Surgical and medical Surgery, cancer care, home nursing, public hospital cash grant, and non-surgical hospitalisation	✓	✓	√ ·	✓
2	Specialist, imaging and diagnostic Consultations, imaging (x-rays, ultrasounds, CT and MRI scans) and diagnostic and cardiac tests	Only within 6 months of surgery	✓	✓	✓
ô	General medical GP visits, prescriptions, physiotherapy, osteopath, chiropractor, podiatrist, and acupuncture treatment			√	✓
(T)	Dental Consultations and treatment			\$100 per claims year	√ 75% of expenses, up to \$750 per claims year
•	Prescription glasses and lenses				√ 75% of expenses, up to \$500 per claims year
Excess	options	\$250, \$500, \$1,000, \$2,000, or \$4,000	\$250, \$500, \$1,000, \$2,000, or \$4,000	No excess available	No excess available

Please note this is a summary only. For full details on the benefits and limits for each VIP plan and any other excesses or other conditions that may apply please refer to the Schedule of Benefits and Terms and Conditions for the VIP plans.

Effective from 1 October 2013





Plenty of reasons to trust us with your health

Oranges have long been popular as a rich source of vitamin C that can help ward off colds, assist healing and bolster the immune system,

More choice and faster treatment

Southern Cross health insurance gives you:

- faster access to treatment by avoiding public hospital waiting lists
- more choice of when and where you receive treatment for qualifying conditions.

More paid in claims

For every \$1 we've received in premiums, we've paid an average of 90 cents back to our members in claims.*

More plan options

We have the widest range of plans. It's easy to find the right balance of cover and cost to suit your needs.

Care for your whole family

You only pay for the first two children (under 21 years) on your policy** - the rest are free!

New Zealand's favourite health insurer

We look after the health and wellbeing of more New Zealanders and pay more claims than any other health insurer in New Zealand.

Not for profit - for you

We're here to look after the health of our members - we have no shareholders or overseas owners.

Juicy benefits and healthy savings

Your Southern Cross Member card is your key to special offers and discounts. Three times a year we'll send you vouchers, special offers from our partners, and a healthy lifestyle magazine.

Affiliated Provider network

Our Affiliated Providers include surgeons, specialists and facilities who are contracted to provide Southern Cross members with certain procedures at agreed prices. Affiliated Providers also make life easier for you, by organising prior approval and claims for contracted procedures on your behalf. So you can get on with getting better.

Financially strong

We've held our A+ financial strength rating from Standard and Poor's for nine consecutive years.***

Plus (+) or minus (-) signs following ratings from "AA" to "CCC" show relative standing within the major rating categories. Full details of the rating scale are available for inspection at our offices. Standard & Poor's (Australia) Pty. Limited is an approved agency under the Insurance Companies (Ratings and Inspections) Act 1994.

- * Over the last five years (ended June 2011)
- 44 Conditions apply. A child can only be insured as a dependant on his/her parent's policy
- *** Given by Standard & Poor's (Australia) Pty. Limited on 21 February 2011

If you have any questions about your health insurance policy, please contact your adviser.



Group set-up

Agreement between Southern Cross Medical Care Society and		("Company"
Do you already have a Southern Cross work scheme? (If yes, please advise the code)		
1. COMPANY CONTACT DETAILS		12 Mercury 18 19 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
Trading name		
Business postal address		
Street number Street	Suburb	Town/city
Business physical address	Suburb	Town/city
Business phone Extn	Fax	
Total number of employeesFTE count (if different) Website (if available)		
Decision maker details		
Title First nameSurname		
Work phone Extn Mobile phone		
E-mailJob title		
Administration details		
Title First name Surname		
Work phone Extn	Fax	
E-mail		
Adviser details		
Title First name Surname		
Southern Cross adviser code Adviser company name		
2. SUBSIDY ARRANGEMENT		
		rant et folde falla (A. 1926 file
All staff All full time staff All part time staff Other		
Tenure Please specify		
Immediately on employment After 3 months After 6 months Other		
Subsidised members		
Employee only Employee and spouse/partner Whole family Other Please specify		
f whole family, remove dependent children on policy anniversary after turning 21? Yes No	(if no, please select	t a member payment type n 2 of this form to cover
	nents for adult depe	
100% of plan VIP1 VIP2 VIP3 VIP4 Other Please specify		
Number of employees (who will be offered the subsidy) Start date//		

Please select one payment type and a corresponding billing frequency . If there are different arrangements within separate form for each. All invoices are billed in advance.	n one group, pl	ease con	nplete a
Group payment type and billing frequency			
Invoice monthly in advance. OR Invoice monthly in advance. OR No invoice. N	nt (only for volu dember payment or credit card.		
be completed. Invoice quarterly in advance. The member payment type must be wage deduction.			
Member payment type and billing frequency			
Direct debit Credit card Wage deduction		ayment	
Weekly Fortnightly Monthly Weekly Fortnightly Monthly	(only for	will receive fully subsides where the	
		ying any to	
Weekly or fortnightly payroil period (e.g. Monday to Sunday, Thursday to Wednesday)			_
Period covered Next payday/ Period covered/to/	/		
4. DECLARATION			
On behalf of		(na	me of company)
I confirm its agreement to the terms in this document in respect to the Southern Cross Medical Care Society (Southern Cross) health insurance work scheme (Scheme) in accordance with the proposal and further agree to the following in respect to the scheme To ensure that premiums and/or subsidies set off or deduction, and to be responsible Benefit Tax (if any)payable;			
To Southern Cross being its sole health insurer; It offering a 'use it or lose it' subsidy to the specified eligible employees via a To tell Southern Cross of any change to the e.g. if it stops offering the agreed subsidy That Southern Cross is entitled to change	to new employee	es etc);	raduate
To inform its adviser within 30 working days of any new employees becoming To inform its adviser within 30 working days of any new employees becoming			
• That the anniversary of the group is 12 mo To inform its adviser of any members leaving its employment (so they can thereafter	nths from the sta	rt date, and	dannually
consider options if they want to keep nealth insurance); To ensure that it has the necessary authorisations from eligible employees about This agreement starts on the Commence			
the collection, use and disclosure of their personal information to and by Southern Cross in respect to the administration of the Scheme in accordance with	illing period.		
the Privacy Act 1993 and any relevant code; That if it selects Direct Debit as a paymen certain communications regarding the Dir			an send
Certain Continuing adolis regarding the Dir	ect debit to it by e	erriali.	
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Signature	Date Date Date		
Signature Name 5. RATING METHOD AND CONCESSIONS AGREED BY SOUTHERN CROSS MEDICAL: CARE SO Adviser Relationship Manager name Details checked, arrangement conforms to business rules Concessions agreed and authorised by Title First name Surname Signature On behalf of Southern Cross Medical Care Society Rating method Age-banded premiums for both subsidised and any voluntary employee portion Age-weighted for subsidised, age-banded for any voluntary employee portion Concession type No cover for any pre-existing health conditions The following can only be authorised by Southern Cross Medical Care Society Standard business Eligible employees and their families can be covered for declared qualifying non-cardiac pre-existing health of the condition of the con	CIETY Date Date Date	r three ye	ears
Signature Name 5. RATING METHOD AND CONCESSIONS AGREED BY SOUTHERN CROSS MEDICAL CARE SO Adviser Relationship Manager name	Date Date Date tonditions afte	r three ye	ears ng the ous

3. PAYMENT ARRANGEMENTS